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AMITEpoll

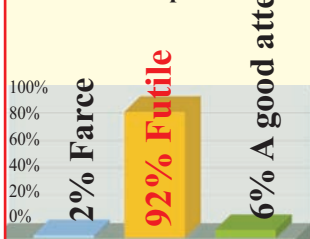
The addition of the new state 'Telangana' means:
(a) Fragmentation of the country
(b) Peace
(c) Winning of vested political interests

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POLL RESULT

for GT issue July 29, 2013

Attempts of Indo-Pak friendship are:



Results as on August 2, 2013

Coming Next

Cheer out loud as the magic of GT Awards takes over

Splashed across scrap books, written on farewell notes, mentioned in speeches and sometimes even quoted in silly squabbles – quotes on friendship have made their presence felt on several occasions. But have these oft quoted quotes managed to stand the test of time? Or has the change in parameters and definition of friendship rendered these quotes as myths? As Friendship Day rings in tunes of *dosti* in the air, **Pranali Batra, AIS Noida, alumnus** delves on these quotes/myths

Friendship - perhaps the only concoction of its kind that blends together the contrasting emotions of respect, with utter frankness and acceptance, has always been bafflingly hard to define. The complexity only deepens as the said relationship

evolves and gets redefined with time. It will not be an exaggeration to suggest that friendship today is in sharp contrast to the role it played a few decades back. In this light, let's explore the age-old myths (quotes) that define friendship and check out their relevance today.

MYTH #1 A friend in need is a friend indeed.

This oft repeated saying, exaggerates the role a friend plays. In today's busy times of jam packed schedules, it is not unusual to lose contact with cherished old friends for certain periods of time. And because of this, sometimes this might imply not being around when your friend needs you. But this hardly means that the friend is not loyal or attached. Maybe he or she just didn't have the time to get in touch, just like you had genuinely intended to call but just never got down to it. Aishwarya Srivastava, AIS Noida, alumnus, feels, "School might be over but those people who helped me sail through it are some of the most valued people of my life. Granted I am not in regular touch with them, but what comforts me in the hardest of times is that even when they aren't physically present around me, I know they are just a call or text away."

MYTH #2 A friend always leads you on the path of goodness.

This belief accords to a friend the humongous proportion of a deity. A friend is after all only human, just like you! To think that

his guidance is always unquestionably true and virtuous is an exaggeration of the extreme kind. The extent of problems that peer pressure disguised as friendship, can bring is enough proof of this. Surabhi Gupta, a primary teacher at AIS Vasundhara 6, says, "As a teacher, I observe children interacting with each other on a daily basis. Children, especially young ones, have extremely impressionable minds. I have seen enough instances of friends misleading their peers into wrongdoings."

MYTH #3 *Ek ladka aur ek ladki kabhi dost nahi ho sakte.*

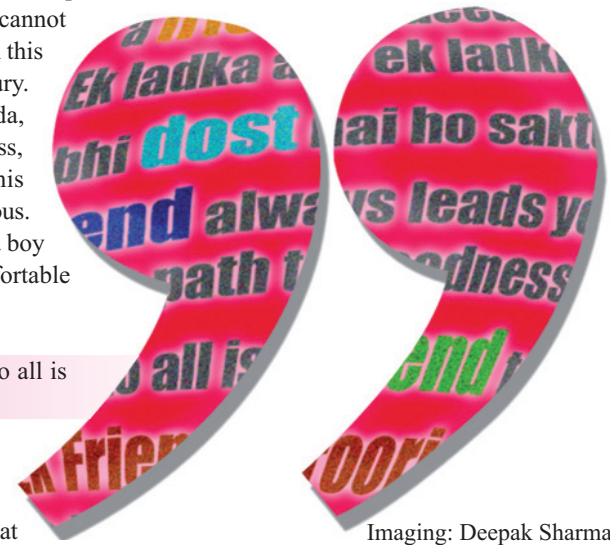
This age-old quote (dialogue) was thoroughly milked by Bollywood for almost a decade, to justify their climaxes where any two given people, who shared special friendship, essentially ended up in love. Needless to say, this cannot be further from the truth in this forward moving 21st century. Apeksha Jain, AIS Noida, alumnus, couldn't agree less, "I have always found this statement perfectly ridiculous. One of my best friends is a boy and we are perfectly comfortable with the state of things."

MYTH #4 A friend to all is a friend to none.

In this generation and time, this statement is almost laughable. The fact that

1000+ facebook friends is a matter of immense pride, justifies this. Today, socially active people not only boast of many casual acquaintances but have many close companions as well. Most young people happen to have friends for every occasion-friends to chat with, friends to hang out with, friends to help out when required and friends whose shoulder they can cry on. This brings to mind the jingle '*Har ek friend zaroori hota hai*'.

In modern times, Sholay's classic friendship number, '*Ye dosti hum nahi todenge*' can easily be tweaked to '*Ye dosti hum nahi todenge, par dostiyaan roz nayi jodenge*'. Thus, it will not be wrong to say that in the contemporary world, these quotes that have stuck around for a long time, can be safely discarded. **GT**



Imaging: Deepak Sharma

Sanskrit is the key to knowledge...

...says Prof Kiran Walia as she talks about the need to revive the beauty of the ancient language of Sanskrit and restore its lost glory. Excerpts from an exclusive tête-à-tête with the minister ...

Smita Jain & Namrata Gulati
GT Network

Prof Kiran Walia, minister for health and family welfare, women and child development and languages, on her visit to Amity University, Noida, engaged in a candid conversation about matters close to her heart. She spoke of Sanskrit as a precious heirloom and shed light on Delhi Government's move to sensitize children about child abuse through a revamped curriculum

You belong to a family of freedom fighters, was it the political atmosphere at your home that made you take up politics over several other lucrative career options?

I have grown up in a family where patriotism reigned supreme in the heart. My father, who was a close associate of veteran freedom fighter Bhagat Singh and a public servant, was hugely concerned about public welfare and nation building. He wanted us to be equally involved in issues afflicting the nation at large. He made us realise at a very young age that it is important to live for others and not only for oneself.

You have been actively involved with the promotion of Sanskrit language. How do you think it contributes to our culture and what is your vision for the language?

There is a dire need to revive and restore the beauty of Sanskrit language. The language has to be made



Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools felicitates Prof Kiran Walia; The minister with a copy of GT (inset)

more relevant to the youth of the country. Unfortunately, most Indian schools promote rote learning of Sanskrit and today's young generation opts for it only to secure a good percentile. The children today chant hymns and *shlokas* without realising

the true meaning behind the words. Sanskrit holds the key to a huge treasure trove of knowledge related to subjects like ayurveda, law, environmental science, etc. It is important to make the students realise that their knowledge of these subjects would



be incomplete unless they learn the ancient language. Our holy scriptures written in Sanskrit, gave us a whole lot of information about environment, much before the present generation woke up to the subject. We have to generate the curiosity to learn the language among the younger lot, and then they will definitely end up establishing contact with their roots.

Tell us about Delhi government's plan to begin a second shift in Delhi schools.

A committee has been formed to expedite the plan to begin a second shift in Delhi schools and so far, only two schools have come forward.

In the wake of rising crimes against women and children, what are the major challenges you see as a minister?

First, we have to work towards crime prevention and for that to happen, the society has to be more alert. Today, there is no fear of law; it is important for people to have a fear and respect for law. The rising crimes, especially a spurt in cases of child abuse, has made us introduce it as an integral part of the school curriculum from July onwards. **GT**



A plateful of gloom

The tragic death of 23 school children in Chapra, Bihar after partaking contaminated food served as midday meal, has brought back into focus the horrors associated with the noble scheme that seems to have gone kaput. The incident also raises questions about the quality of food served under midday meals and the poor implementation of the scheme. Let's trace the origin of the scheme, its objective and whether the scheme has been successful in luring the kids to school or not

Origin of Midday Meal Scheme

The credit for the launch of the Midday Meal Scheme goes to a small boy, herding cattle in a remote and forgotten part of South India. It was his reply to the then Tamil Nadu chief minister K Kamaraj in 1960 that brought a historical change in the country. On being asked by the chief minister why he was wasting his time herding the cattle when he should be in school, the boy had retorted back saying it was difficult for him to learn anything on an empty stomach. His simple reply touched the chief minister's heart and sparked a series of events which led to the launch of the scheme. A landmark decision by the Supreme Court of India on November 28, 2001 further set the stage for the expansion of the largest welfare programme in the world. The court directed the state governments and union territories to implement Midday Meal Scheme by providing every child in every government and government assisted primary schools prepared midday meal. According to Government of India's website, more than 5,77,000 kitchens have been set up throughout India to provide over 120 million school-going children with luncheons. The scheme was lauded by the world as an effective measure in a country where thousands go with no or little food every day; even the UNICEF appreciated the efforts of the government and the NGOs associated with the noble venture.

Shambhavi Thakur, AIS Pushp Vihar, IX B

The objectives of the scheme

The scheme was launched with the objective of protecting children from hunger, addressing malnutrition and increasing enthusiasm among children to go to school. It was also seen as a means to increase attendance in school, encourage social interaction among members of all castes and also empower women by providing them employment. After the introduction of the scheme, the number of children attending school went up. The Midday Meal Scheme showed positive results- the school dropout



rate in the age group of 6-14 years in rural India fell from 6.6% to 3.5%, while the dropout rate of the girl child in the age group of 11-14 years went down from 11.2% in 2005 to 5.9% in 2010. The scheme was seen by the world as the biggest gift in a country putting up a fight against malnutrition.

Abuzar Khan & Nikkhil Kalia, AIS Pushp Vihar, IX C

Scheme gone awry

The unfortunate tragedy in Chapra, where 23 children died after consuming a meal laden with pesticide has not only shaken the faith of citizens in the welfare scheme, but also brought to the fore the lacunae and systemic vulnerability in the implementation of the scheme. This is not the first time that reports of poor quality meals in the scheme have emerged. Various reports have suggested the presence of insects, lizards, etc in the food served under the scheme. The provision of free meals in schools, has always been a dangerous attraction for kids, as

there seems to be a complete lack of emphasis on maintaining hygiene while preparing food. Neither are the cooks skilled nor are the arrangements made by the school authorities good enough to prevent contamination of food. The scheme is plagued with loopholes, corruption and poor quality control. A report by North Delhi Municipal Corporation reveals that 75% of the midday meal samples collected from January till May 2013 have failed to meet the quality criteria. Of the 36 samples collected, only nine were declared fit for consumption by Shri Ram Institute for Industrial Research.

Gazal Singh, AIS Pushp Vihar, IX B

A probable solution to the crisis

Though, the midday meal programme was introduced by the centre, the responsibility for the implementation of the scheme rests with the state governments. To prevent similar catastrophes in the future, it is imperative that stringent quality assurance and quality control standards are set and followed in purchasing and preparation of food at the local level. The government needs to authorise Food Safety and Standards Authority of India to set nutritional and hygiene brackets, ensure a strict check on licensing system and punish the violators to put a check on untoward incidents.

With such gory incidents coming into light, the fate of Food Security Bill now hangs in balance. Proper regulatory measures need to be in place before the bill comes into force, otherwise the bill would be nothing more than a burden on the state exchequer. It is high time that government strictly monitors the nutritional value, hygiene and taste of the food before it is served to children.  

Tips to ensure safety and hygiene of meals



- Meals should be cooked in a kitchen shed, located at a safe distance from the classrooms. The place should be adequately lit and must have proper arrangements for ventilation, drainage and waste disposal.
- All the ingredients should be stored in proper containers, safely protected from moisture, pests, etc.
- Fuel should be stored safely to avoid fire hazards.
- All persons engaged in handling of ingredients, cooking and serving midday meal should be hygiene conscious.
- All ingredients used for cooking (food grains, pulses, vegetables, cooking oil, condiments, etc) should be free from adulteration and any kind of pest infestation.
- Cooked food must be kept covered and protected from insects.
- Special attention should be paid to ensure that cooks and helpers do not suffer from any contagious disease.
- All cooking and serving utensils should be cleaned and dried daily after use.
- Waste must be disposed properly and not thrown in the open.  





I want to be friends with an angel so that she stops evil thoughts from entering my mind and I can become a better human being.
Vipasha S Nair, AIS Saket, IV A

Teacher Training Workshop

More than 70 teachers from various NGOs across Delhi/NCR participated in the workshop on innovative teaching organised by Amity Institute of Education



An interactive session in progress



A houseful workshop

AIE

Rahul Kapoor

Programme Coordinator, Amitasha

What: Teacher Training Workshop
Where: AIS Saket
When: July 25, 2013

More than 40 Amitasha teachers participated in a ‘Teacher Training Workshop’ organized by Amity Institute of Education (AIE) for teachers working for less privileged children. The workshop, themed ‘Teaching through Innovative Techniques and Methods’ advocated innovations in the teaching-learning process.

It is the vision of Dr Ashok K. Chauhan, Founder President, Amity Universe and Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools to bridge the education inequity between the privileged and the less privileged. The workshop organised by AIE was a step forward in that direction. The teacher training workshop was attended by more than 70 teachers from different NGOs across Delhi/NCR. The participating NGOs included; Amitasha, Atulasha, Child Survival India, Chetna, Little Ones Public School, Mobile Crèches, Khushi Shikshantra, Ank and Community Aid & Sponsorship Program (CASP). Each participant was awarded a certificate of participation.

Spread over three sessions, the workshop inspired the participating teachers to undergo a process of retrospection and adopt innovative techniques in teaching various subjects like English, Hindi, environmental sciences and mathematics. The teachers were motivated to foster creativity in classrooms and enhance the teaching-learning process through activities like brain storming, mind mapping and discovery learning. The use of crossword puzzles, nature walks, field trips, and sand-and-clay for teaching simple concepts of mathematics, were suggested to the teachers. The role of reading, writing and speaking was explained in creative ways to make English more interesting

as a subject. The teachers enjoyed the workshop and participated actively during the interaction and feedback sessions. “It was a great learning experience for me. I want to apply all the techniques learnt here, in my class in order to maximize the learning of my students,” averred Asha, English teacher, Amitasha. Dr Manorama Saxena, Coordinator, Amitasha had words of appreciation too, “The workshop greatly benefited Amitasha teachers as they learnt new and innovative ways of teaching.” The teacher-training workshop organised by AIE, will go a long way in enhancing the skills of the teachers, thereby grooming better future citizens of the country.  

Amity Institute for Competitive Examinations



Presents

Brainleaks-80

FOR CLASS XI-XII

A particle is moving in a straight line with initial velocity 10m/s in +ve x-direction and constant and constant acceleration 4 m/s² along -ve x- direction. Calculate distance covered by it in 3rd second.

- (a) 0 (b) 0.5m
 (c) 1m (d) 12 m

Last Date:
Aug 15, 2013

3 correct entries win attractive prizes

Ans: Brainleaks 79: (a) 0.34

Name:.....

Class:.....

School:.....

Send your answers to The Global Times, E-26, Defence Colony, New Delhi - 24 or e-mail your answer at brainleaks@theglobaltimes.in

Amity Law School Noida



Say no to violence

Amity Law School, Noida organised a guest lecture on ‘Violence against women’ on July 31, 2013 at Amity University, Noida to sensitise the youth on violence against women. The guest lecture was organised by the Initiative for Gender Justice and Child Rights (IGJCR) cell launched at ALS Noida, under the flagship of ALS Centre of Law and Policy. In his welcome address, Major Gen Nilender Kumar, director, ALS Noida, highlighted that the objective of the programme was to impart awareness about gender and children rights, initiate new research projects, spread legal literacy and conduct gender sensitization programs among the youth. The guest speaker for the day, Winnie Singh, executive director, Maitri NGO, talked about the need for enhancing respect for women and control of aggression in the society so as to prevent any form of violence against women. Manika Kantham, faculty, ALS Noida shed light on the legal aspects of gender laws in India. She also discussed constitutional issues, various enactments in India as well as UN charters on the topic. She showcased a brief presentation on gender violence and urged everyone to unite for the cause of curbing violence against women. The highly interactive session concluded with a vote of thanks by Mokshda Bhushan, faculty, ALS Noida. The guest speaker was presented a small token of appreciation by Dr Shefali Raizada, professor, ALS Noida.  

Moving into a new class

If you’ve been worrying yourself silly over how to adjust in the new class without your childhood buddies, here are some tips and tricks to smoothen your ride

Druhi Vaid, AIS Noida, XI A

Stream selection. Check. Subject combination. Check. Best buddies... Oh no! This is something so out of your control. Have all your friends taken up streams completely different from yours and your worst fear about ending up in the same class as the girl who called you names last year, come true? Relax, things aren’t as terrible as they appear. With a little help from these tips and oodles of optimism and smiles, you are sure to have an overflowing friend circle by the end of the first term!

Tip 1: To make a good impression, hygiene is extremely important. Brush, wash, sport a neat hairstyle and smell nice because you don’t want to be nicknamed skunk on the very first day of the term.

Tip 2: Listen more than you talk! Instead of chatting continuously and bragging about yourself, try to hear what the other person has to say. Add your own thoughts and opinions but don’t hijack the conversation.

Tip 3: Smile a while! The shortest distance between new friends is a smile. Everyone likes and appreciates this sweet and small curve. Something small like putting on a sugar coated smile may not seem to count, but it does tell others you’re happy and everyone wants to be around people who spread positive vibes.



If you go looking for a friend, you’re going to find they are very scarce. If you go out to be a friend, you’ll find them everywhere.

Tip 4: Crack jokes and don’t be afraid to make fun of yourself because having a good sense of humour is a great

way to win over friends. But be cautious not to joke at the expense of others or you might end up being the target next time they have a joke marathon.

Tip 5: Try not to judge people; do not have preconceived notions about others. You never know, the girl who you thought never talks might be the funniest you’ve ever met!

Tip 6: Complimenting people is the key to success here. People love compliments. Telling somebody that they look good may not only make their

day but also open up new doors of friendship. Of course, you don’t want to overdo it and give out wrong signals! At the end of the day, all you really need to do is be true to yourself and stand up for what you believe in. Don’t pretend to be something you are not or mould yourself the way others want you to be. Have an open mind and try involving yourself in whatever others are doing. If you go looking for a friend, you’re going to find they’re very scarce. If you go out to be a friend, you’ll find them everywhere.  

Warm up to worms

Get a green thumb by turning your kitchen scrap and other organic waste into nutrient rich manure for your kitchen garden. Read on to know the recipe for preparing your own vermicompost bin...



Green soldier Manya with her very own vermicompost bin

Manya Tyagi, AIS Vas 1, III D

Not many people know that food scrap, junk mail and paper accounts for 30% of our household garbage. How about processing that garbage to create your own worm bin and produce high quality compost? It will not only keep your house clean but your garden happy too!

Ingredients

- A shallow container, at least 2 feet by 1 feet and 8 inches deep, with a lid
- A tray to collect drips from the bin
- Bedding material (newspaper, wood shavings, dry leaves and cardboard)
- Food (vegetable and fruit peels)
- Red worms (Eisenia fetida)
- Water

Method

- Make 10-12 holes about 3 inches apart at the bottom of the container to allow drainage. Worms can drown if there is too much liquid in the bin.
- Make some holes around the sides of the container, 2 inches below the top edge, for air circulation. Do not drill holes in the lid, as they will let in heat and light, and dry out the bedding.
- Put in bedding material that is non-toxic and fluffy so that it can hold moisture and allow air to circulate. Shred the newspaper and scrunch it up before throwing it into the bin. The smaller the pieces, the faster the worms will be able to eat them. Do not use glossy or magazine pages. Fill the bin about halfway up with this material.
- Mix in a handful of soil and introduce

some beneficial microorganisms and worms to digest the food. Do add some washed, dried and grinded eggshells, as calcium helps the worms to reproduce.

■ Now it is time to add worms to the bin. It is important to find the right kind of earthworms for your worm bin. Make sure you get Eisenia fetida, or red wigglers. Keep the light on to allow the worms to burrow into the bedding as the worms shy away from light.

■ Soak the bedding material in water till it is as wet as a moist sponge. Leave the bedding material to decompose for 5-7 days, so that the surroundings become inviting for the worms.

■ After a few days, add a small amount of food scrap into the bin. You can feed the worms anything except meat, dairy or citrus food. Avoid oil, onions and garlic too. Bury the food under the bedding to wade off bad smell.

■ After some days, one can spot organisms like pot worms, springtails, pill bugs, pseudo scorpions, molds and mites. They help break down the organic material.

■ 1/2 kg of worms consume roughly 1 kg of food scrap in a week. If going on a vacation, ensure that there is enough food.

■ After a few weeks, you will begin to see a vermicompost at the bottom of the bin. You are ready for your first harvest within three months.

As told to GT Team

The quest for worms: This summer, my mother and I decided to recycle our kitchen waste and create our own vermicompost. After learning about the procedure, we hunted for an old bucket to make a home for the worms. With everything in place, all that we needed were worms. We checked every nurs-

ery and pet shop but couldn't get any. My quest for worms ended when my grandmother got me a special wriggly gift from Manchi, Bihar. Our 'imported' pets are fat and happy in their new home. They are busy turning fruit and vegetable peels into valuable compost!



Illustration: Deepak Sharma

Random Jottings

Just like that



Friendship: a great gift to cherish

Khushi Naudiyal, AIS Noida, VII C

"In the sweetness of friendship, let there be laughter and sharing of pleasures. For in the dew of little things, the heart finds its morning and is refreshed."

Khalil Gibran

A true friend is someone who stands by you through thick and thin. He is a guiding light, who helps you meander your way through troubled waters. He is a 4 am buddy on whose shoulders you can rest your head and cry.

True friendship is based on selfless love and a true friend is someone who will always be there to

share your happiness, sorrow and even dark secrets. An honest friend is someone who reciprocates your feelings and appreciates your positive qualities, but is equivocal about your negative traits and has the courage to tell you when you are wrong. A true friend will never resort to flattery but always be your best critic. S/he will desist you from taking the wrong road and will always be loyal, however bad the situation might be.

The bond of love, respect and admiration which Krishna and Sudama shared is a classic example of true friendship. One should learn to value true friendship because it is friends who fill our lives with joy. Friendship is a great gift, one should nurture it with love and care.

Never say never

Soumya Sharma, AIS Noida, VII C

Many a times, life throws us in a tight spot when we find it extremely difficult to move forward. In such a trying situation, it is important to keep a stable frame of mind and not feel disheartened. No matter how tough the job may be, we should never give up. Life is full of struggles and if we accept defeat at an early stage, we will be never be able to succeed. Every challenge helps us to learn more about life and leaves us with an invaluable lesson. If the obstacles in your journey cause you to get stuck, don't think it's the end of the world. Instead, prepare yourself to combat the crisis with a

determined but cool head. All successful people have faced hindrances in their lives, but they have tackled them with a positive attitude. Singer Liam Payne was a victim of bullying, born with just one kidney and was rejected 22 times by the judges of X-FACTOR. However, this didn't deter him from learning boxing. He weathered bad health by taking 35 injection shots a day, till he turned five. And, yes, he also made it to X-FACTOR. He stood third in the competition and today, his band is rated as the world's third most popular boy band. Hard work and determination are essential to success. If you face problems with a smile, nothing can stop you from succeeding.





I want to be friends with Sachin and a pilot because I want to play cricket and travel by air for free.
Aditya Narang, AIS Saket, III A

Monsoon magic @ Bollywood

Imaging: Ravinder Gusain

As the monsoon unleashes its magic over lush fields and a cool breeze sways over trees, we remind you of the irresistible magic weaved by the rains in our beloved bollywood

Vishruti Jain, AIS Noida, XI F

Bollywood + rains + romantic music = unbeatable on screen magic! Here's a look at some films where the narrative hinged crucially on the rain itself to create a beautiful chemistry or storyline.

Ek Ladki Bheegi Bhaagi Si, Chalti Ka Naam Gaadi (1958)

A young garage mechanic is busy repairing cars late in the night when a rainstorm causes an enchanting young beauty to walk in for shelter. We have the unforgettable 'Ek ladki bheegi bhaagi si' as Kishore Kumar falls instantly in love with Madhubala and the rest is hilarious history.

Chak Dhoom Dhoom, Dil To Pagal Hai (1997)

Rahul (Shah Rukh Khan) attempts to cheer his best friend (Karisma Kapoor) in the hospital, by orchestrating a dance routine. He shakes and grooves with a troupe of children and his lady love (Madhuri Dixit) as rain falls pitter patter.



Musical ball dance, Kuch Kuch Hota Hai (1998)

Rahul (Shahrukh Khan) and Anjali (Kajol), discover their love for each other as they rekindle their old friendship. This classical scene from the famous 90s blockbuster will reman etched in the memory of Hindi film fanatics forever.

Idhar Chala, Koi Mil Gaya (2003)

One can't help but fall in love with the simplicity of Rohit's (Hrithik Roshan) character that radiates in-

nocence as he dances nonchalantly in the rain with his love interest played by Preity Zinta. This, of course, happens before alien Jaadu works his magic.

Blue Umbrella (2005)

Vishal Bhardwaj's film hinges upon a surly shop-keeper accused of stealing a titular bright blue umbrella, when he emerges with a red one. It is left to the rain to wash away Pankaj Kapur's credibility, as the scarlet wears off in the shower and the blue un-

derneath emerges.

Dekho Na, Fanaa (2006)

Kajol's big comeback was loved by the audience as was the infectious love between the blind Kashmiri dancer Zooni played by her and the tour guide Rehan Khan (Aamir Khan). The song was used as a medium to profess love between the duo. It certainly played a pivotal role in bringing alive the chemistry between the pair. 🇮🇳

Adhiraj K. Chauhan and Samaya Chauhan revel in the monsoon



Rain, oh rain!

Soumya Sharma, AIS Noida, VII C

The rain had come by, in the morning sky. Water was here and there, it seemed to be everywhere. Not a single person was in sight, trees were dancing in the wind like kites. Rain was splashing against the window pane, and the baby birds were afraid of the pouring rain.

Nestled together in their nest, was once where they used to rest. Their lovely home was getting more and more wet, they were the sweetest birds that I had ever met. Then came the mother bird chirping out loud, looking for her babies all around. As she spread her sheltering wings over the nest,

she sighed as if she had come to rest.

But the wind was stronger than her own might, which shook the tree from side to side. The wind became so strong, that everything went horribly wrong. The nest fell upon my garden bed, near the flowers coloured red. Mother bird was full of horror, and shot past the strong gale. And there she saw her babies, behind the thicket, but safe. The wind began to slow down, as if it understood mother bird's frown.

Now every morning when I look out of my window pane, I hear the baby birds sing, flying through their tiny wings. The downpour reminds me how bravery got its reward, That the poor birds are never frightened, I pray to the Lord! 🇮🇳

Drive away those monsoon woes



The probability of vehicles skidding and road accidents increases when the roads are waterlogged. Drive safe this rainy season

Lt Col (Retd) Col DK Sharma
Faculty, Amity School of Engg.

Here are a few safety measures for motorists to keep in mind while the rains create various tricky situations:

Situation 1: Hazy visibility

Most of the motorists turn the speed of the wipers to high or highest during a heavy downpour. The visibility in front of the windshield, however, continues to be hazy.

In such a situation, just wear your polar-

ized sunglasses, and lo and behold! All of a sudden, visibility in the front windshield becomes perfectly clear, as if there was no rain. This is also applicable for the times you experience light to moderate fog and mist.

Situation 2: Crossing a flooded/ waterlogged area

Enter the vehicle in the first or second gear. Keep the accelerator fully pressed and control the speed of the vehicle through the clutch. While exiting a waterlogged road, a precaution you must take is to apply the brake at least two to

three times throughout the stretch.

Situation 3: Overspeeding

The most common reason for nearly 80% of the accidents that occur on the roads is overspeeding. When a motorist doubles a vehicle's speed, two of the following dangerous situations are created: (i) The probability of damage to the vehicle(s) in the event of an accident increases by four times (ii) The reaction time of the motorist is reduced by 50%. So what's the hurry? Enjoy the drive as it rains on! 🇮🇳

I want to be friends with the electricity, so that I could get it for free.

Aryan Sethi, AIS Saket, III A



News served with views



Dr. Amita Chauhan
Chairperson

Everyday, when you read the newspaper, I'm sure you find many articles that stir your thought process and evoke a strong desire to share your opinions about it. To give words to your thoughts, The Global Times has now introduced a special activity, 'Newsbased Classroom Discussion' for every school. This special activity shall henceforth see students discuss national and international issues in great detail.

The last edition saw an article on Maoism and its upsurge (Red Terror). This edition features the Midday Meal tragedy that struck Chapra, Bihar in 'A plateful of gloom' (Read pg 2). Under this new initiative, each school would be assigned a news story based on the current happenings around the world. Of course, you will also have the choice of deciding your own topic. Get ready to set your foot into a reporter's shoes and serve the young readers an ideal mix of news and views.

In order to bring more credibility and a multi-dimensional feel to your story, you may turn to different media like newspapers, news channels and internet to research the various aspects of the news in question. Like any good journalist, delve deeper into the subject and dissect it down to the minutest detail. Before you put your words on paper, shape your opinion by conversing with others. When you finally sit to write, remember to answer the 5Ws (What, When, Where, Why and Who) and the 1H- How. Keep your report direct, crisp and objective.

My dear Amitians, as conscientious citizens of the country, it is very important to inculcate the habit of discussing news from a young age. I sincerely hope that you shall be able to use this opportunity constructively.  

The friend connect



Vira Sharma
Managing Editor

Friendship is one topic where everyone has something to share about. Every friendship has to it, tales of sacrifice, betrayal, love, confessions and the urge to share and live the moments forever. The secret behind the success of best selling friendship novels (The Kite Runner) or movies (Free Willy, Dil Chahta Hai, etc), is that they touch those chords of friendship in each of us who lived it or missed it. Considering that the first Sunday of every August is celebrated as Friendship Day, this edition of GT took up the story "Friendship unquoted" in an attempt to redefine and rediscover the shifting definition of friendship.

While many have made attempts to define friendship, one definition that captured this beautiful relationship very closely but now seems to become history (just like telegram) was when Aristotle observed that Friends are the ones "who share salt together". What he said holds a deeper meaning.

People become your friends because you happen to 'share that salt' with them. Simply accepting a friend request does not necessarily imply that you have made one; only if making friends was that easy. Most of the time, you don't choose your friends. Friendship happens. It happens because you happen to grow together. Because you happen to meet each other again and again. Because you happen to share the good and bitter moments together. Because you are destined to be friends forever.  

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Become a better you

Follow these tenets to evolve as a better human being

Col Kaiser Singh

Head, Amity School of Engineering

Life is a work of art, a canvas on which we can paint our dreams, aspirations, ideas, beliefs, joys and sorrows. Everyday, we can add a new stroke to the canvas to make our lives more meaningful. Here are a few strokes that one needs to master to capture the essence of life in the right hues...

Remember the Almighty: God is undoubtedly a symbol of love, compassion, peace and truth. One can attain all the virtues which God stands for by reading holy scriptures. If we are able to imbibe even one value professed by the holy texts, our life would become more meaningful. Always remember the Almighty, whether sitting idle or doing anything, while walking, waiting for someone or enjoying nature. This shall shield you from mishappenings, besides keeping you in a happy frame of mind.

Right path: Avoid indulging in any kind of wrong activity and earn your bread through hard work, dedication and honesty.

Apologize: Learn to accept your mistakes and apol-



ogize politely when you commit one. Hurting others through harsh words and revengeful acts only leads to accumulation of bad karma.

Help others: Helping does not always means lending financial help, it also means extending a helping hand

to finish a difficult chore or guiding someone to take the right road.

Respect: Give respect to elders and unconditional love to young ones.

Be thankful: Never forget to express your gratitude to the Almighty for your daily bread and other small things which make life worth living.

Clean up: As it is said, "Cleanliness is next to godliness"; so keep your surroundings neat and clean. An untidy and unhealthy surrounding is a breeding ground for negative thoughts and illness.

Be positive: Try and appreciate good qualities in others rather than criticising them for their negative traits. It helps in adopting good values and also reduces negative vibes around us.

Be your own leader: Do your work sincerely. If all of us are motivated to do our jobs to the best of our potential and capabilities, then we can reduce the workload around us. Don't wait for someone to lead or guide you, instead learn to take charge.

Humility: Always be humble and modest. Never turn arrogant or proud under any circumstances. One should not let success get to their head, one should remain down to earth and humble if one wants to move ahead on the road to success.  

(The author is also Head, Students Affairs - ASE & ASET and Secretary - Sports Competitions, and Proctor (UG), AUUP)



Everyone has exactly 24 hours a day, 168 hours a week and 8,736 hours a year. So stop worrying about lack of time; learn to manage it well, especially at the workplace

Dr Kamal Gulati, Faculty, Amity School of Insurance, Banking & Actuarial Sciences

Time management is the art of allocating time to tasks in the most effective and efficient manner. It implies planning the best use of time, including cutting down on the time wasted, finding ways to de-

vote more time to important issues or the job at hand and completing more tasks in the time available.

Significance of managing time at work: As employees, we should all practice effective time management if we want to deliver impeccable quality of work within the allocated time. In fact, it would not be wrong to say that time should also be considered as a significant resource along with the four other resources that are considered indispensable for the growth of an organisation, viz - Men, Money, Materials and Machines. Time, once lost, can never be regained, even though the aforementioned resources can always be recovered or bought. In spite of this, we often fail to manage our time well and to the best of our ability. One of the major reasons that affect our productivity at work is the inefficient use of time, which often results in half-done jobs, or shoddily submitted work.

The time wasters: Some of the most common time-wasting factors at our workplace include not assign-

Value time

ing priorities, telephone interruptions, visits by colleagues, too much paper work, too many meetings, putting off difficult jobs (or procrastination) and misplacing documents. If we learn to overcome these, we will be far ahead of others.

Time management techniques: There are many techniques of managing time effectively. However, the easy steps enlisted here have proved to be very effective for many people:

To-do list: Make a to-do list everyday without fail, to organise and plan your activities. This list will include the doables for the day. Keep updating the list every time a chore is completed. Remember to start the list with the most important task or assignment.

List goals and set priorities: Mark the goals and priorities in the list and strive to achieve them. Assign a time limit for each task.

Start with As, not Cs: People usually set out to achieve the second or third thing on the list first as the first one is usually the most difficult. Do not do that. Start out with the one topping the priority list, no matter how hard it is.

Use of free time: Think of new ways in which you can utilise your free time constructively to deliver results faster.

Handle each piece of paper only once and do not procrastinate, do it now!  

Take charge of your life

Anoop Agarwal, AIS Gur 46, XI

What should I become? What comes first and what comes next? Should I do this or should I do that? Whom should I trust? Who is my friend and who is my enemy? Everyone faces such questions sometime or the other in their lives.

Everyone has their own tastes and perspectives to view the world. In this world, we all have to decide our own little role; in 'Harry Potter and the Chamber of Secrets', Dumbledore says, "It is our choices, Harry,

that show what we truly are, far more than our abilities." Therefore, it is our decisions, priorities, good deeds and our attitude which make us different from others.

We are the creators of our own des-

Reflections

tiny. We have to decide for ourselves and take the full responsibility of our decisions. Steve Jobs once said, "Your time is limited, so don't waste it living someone else's life. Don't let the noise of others' opinions

drown out your inner voice." In the same way, we should not let others influence our thoughts.

While we should try to achieve perfection and excellence in our lives, we should avoid comparison with others. In life, there will always be people who are better off or worse off than us. We should try and imbibe the good qualities of successful people to be able improve our quality of life.

When stuck in a crisis situation, it is best to look within and seek out ways to overcome it with confidence.  



Sabse chhota rupiya



Dear Editor,
The big story, 'Sabse chhota rupiya', dated July 15, 2013 was epic! The puns were indeed excellent. Kudos to the creativity!  

Navjot Singh, AIS Mayur Vihar, XII

Write to us at editor@theglobaltimes.in



Discover Bharat

Series 01



Uttar Pradesh

Mughlai delight

Ashi Jain & Pakhi Tyagi
AIS Gurgaon 46, X D

The Mughals, who reigned over India for several years left a deep and long lasting flavour on the Indian palate with their irresistible and rich cuisine. Once considered only fit for royalty, Mughlai cuisine with its delectable spread comprising koftas, korma, pulao and biryani have made their way to our daily platter. Get ready to savour some authentic flavours from the imperial Mughal kitchens.

A gastronomic journey

The popularity of Mughlai cuisine dates back to the 16th century. With the expansion of the Mughal empire, the royal flavours became an integral part of the regional cuisine of the states of Uttar Pradesh and Hyderabad. Awadhi and Mughlai cuisine are the two main offerings from Uttar Pradesh. Even the cooking techniques followed in the state till date are reminiscent of the royal Mughal kitchen. Mughlai cuisine consists of a lavish spread that used to be served to the Mughal emperors. The Mughals popularised the use of grounded spices, nuts, herbs and fruits, thus adding a new flavour to the traditional Indian delicacies.

Kitchen Secrets: Even today,

A vegetarian's paradise

Some people believe that Mughlai meal is all about non vegetarian food. However, it promises an equally good offering for vegetarians too! Lajjatdar paneer, aloo mutter mughlai and navratan korma are some popular vegetarian dishes.

Indian cuisine is predominantly influenced by the cooking style of the Mughal era. It was the Mughals who started the concept of eating something sweet at the end of their meal. Even before relishing the starters, they enjoyed a variety of strongly flavoured pickles and freshly cut ginger and lime.

Appetizing starters

The Mughlai starters were prepared over a charcoal grill or in a tandoor (Indian clay oven) and served dry. Paneer tikka, haryali kebab, seekh kebab, tandoori gobhi and shaami kebab are some of their sumptuous starters.

Kitchen Secrets: Cream and milk



An elaborate Mughlai spread served on a dastarkhan, a royal tablecloth (clockwise from topleft) Butter Naan, Aloo Mutter, Shahi Gobhi and Phirni

are two ingredients that are commonly used in almost all Mughlai dishes.

A lavish affair

The Mughlai main course consists of elaborate dishes cooked in rich gravies. It usually consists of a gravy, a semi-dry dish and a dry dish along with raita. A typical Mughlai platter is cooked in butter and cream, garnished with dry fruits and seasoned with exotic herbs. Navratna korma, Nawabi paneer, Malai kofta, Badshahi baigan, etc are some exotic delicacies.

Kitchen Secrets: The abundant use of spices, dried fruits and nuts in the Mughali cuisine makes it rich in fat, proteins and

carbohydrates. Instead of compromising on the nutrient value and rich taste of the food, the Mughals preferred to reduce their daily intake.

Assorted breads

Mughlai breads are popular all over the world. The breads are prepared using a variety of dough and in varied cooking styles. Breads such as tandoori roti and roomali roti are dry and light, whereas naan, kulcha and parantha are more rich and flavourful, and have a rich stuffing, topped with butter.

Kitchen Secrets: The Mughals were the first ones to develop marinades using butter, cream and yoghurt.

Heritage revived

Celebrating the rich and diverse heritage of India, Amity International Schools indulge in the art, cuisine, tradition, lifestyle, flora and fauna of different states. The year-long heritage activity as envisaged by Chairperson Dr (Mrs) Amita Chauhan, aims at reviving India's rich heritage and bringing it closer to the students.

GT brings to you 'Discover Bharat', a heritage series that captures the ongoing heritage celebrations at Amity Schools. It also complements the elective course on Heritage, soon to be launched by CBSE for senior Classes.

State in spotlight:

Uttar Pradesh.

Next in 'Discover Bharat':

Tour to some celebrated heritage sites and monuments of Uttar Pradesh.

Desserts galore

A Mughlai meal is incomplete without its varied mouth-watering desserts. Rose water and saffron lend a unique aroma to desserts like phirni and sevan.

Kitchen Secrets: We talk about rainwater harvesting today, but the Mughals were a step ahead, their food was cooked in rainwater mixed with the holy Ganges water, for better taste. **GT**

POEMS

My state

Kaushal Sharma, AIS Vasundhara 1, V D

Uttar Pradesh is the name of my state, its history has been really great. UP has produced many prime ministers, Akhilesh Yadav is the youngest chief minister. The cuisine of UP is delicious, its sentiments are very religious. Uttar Pradesh is famous for Nawabs, it is also famous for kebabs.

To UP, with love

Tanishq Jagoori, AIS Vasundhara 1, V C

UP is a northern state of our country, with Nepal, it shares its boundary. It has many monuments like Taj Mahal, and Lucknow is its capital. It is related to epics like Mahabharata, and another epic of Lord Ram - Ramayana. Kathak, is a dance form of Uttar Pradesh, with Mughlai and Awadhi, as its original taste.

Sanjhi Art

Sanjhi, the art of hand cutting designs on paper, is a typical art of Mathura, Uttar Pradesh. Mathura is the home of Lord Krishna. Hence, this art has a major influence of Lord Krishna. Traditional motifs for Krishna stories were created in stencil and used to decorate spaces during festive seasons. Sanjhi is a traditional temple craft, used for making rangolis, aepan, etc. during the festivals. Over the years, Sanjhi art has moved beyond the temples of Mathura and travelled across India under different names. The art has been taken over by a number of artisans from across the country, and is being skillfully used in many temples of Gujarat, Maharashtra and Uttar Pradesh. The 350 year-old art, that was initially a mark of auspiciousness, is no longer restricted to the narrow lanes of Krishna

janmabhoomi. Today, it enjoys immense respect worldwide.

The art, which started its journey ages ago, now enjoys a burgeoning popularity and has connoisseurs around the world. It was a moment of pride for the Mathura-based Sanjhi artist Ram Soni, a National award winner, when one of his Sanjhi art works was mounted at the INA metro station, Delhi. All tourists during the Commonwealth

Games got an opportunity to see this age old art form that this Krishna devotee has learnt from his ancestors. His excitement was on an all-time high when his creation - a 26 m long and 11 m wide hand-cut paper chandelier - crafted with the help of over 8,000 children of NGO Pratham in India, was exhibited at a fund raising event in London. **GT**

(The article has been contributed by AIS Vas 1)



You can do it too!



Draw-Cut-Paint-Frame-Flaunt!

Like the art? Follow these simple steps to create your own masterpiece...

- Take an A4 size coloured or white pastel sheet.
- Draw a Sanjhi art motif on it.
- This can be done in two ways: First, draw a motif and colour it with different color mediums. Second way is to draw a motif and make a stencil out of it. Then paint it with black colour. Remove the stencil and you get a beautiful design.
- Frame it with a black border to enhance its beauty.
- Create various beautiful and attractive things like book marks and borders with this art. **GT**

Open Up



Get a pet!

A person can learn a lot from a dog; mine has taught me to appreciate the simple things in life - a walk in the woods, a fresh snowfall or even a nap in a shaft of winter sunlight.

Diamonds and chocolates are no longer a girl’s best friend- it’s a dog!

Simran Gulati
AIS Saket, X

“Petting, scratching and cuddling a dog could be as soothing to the mind and heart as deep meditation and almost as good for the soul as prayer.” I could only understand the meaning of this quotation by Dean Koontz about having a dog as a pet, when I myself was gifted one on this June 16. I named my new friend ‘Orio.’ The journey of owning a dog had just begun, and it turned adventurous and joyful with each passing day. Coming back from school and being greeted by a

genial welcome, with a cheerful Orio running towards me for just a little love and affection, is an out-of-the-world feeling. The two-month-old pup has realised that we are family. Orio has completely changed my way of looking at life. In this short span of time, he has taught me that life isn’t about waiting for the storm to pass, but about learning how to dance in the rain. It’s about living each and every day happily. Seeing him do new, naughty tricks to seek our love and affection, the way he protects us, and the way he acts like a baby, is pure delight. A person can learn a lot from a dog, mine has taught me to follow my heart.

I have begun to appreciate the simple things in life - a walk in the woods, a fresh snowfall, a nap in a shaft of winter sunlight. Orio has also taught me to be optimistic in the face of adversity. He has taught me the real meaning of friendship and selflessness, everything else is unwavering loyalty. From now on, I’m going to fight for all animals who can’t speak for themselves. These poor, helpless creatures need just a meal a day, or maybe a warm coat to shield them from the chilly winter. If you pick up a starving dog, he will never bite you. “Dogs are our link to paradise. They don’t know evil or jealousy or discontent. To sit with a dog on a hillside on a glorious afternoon is to be back in Eden.” Writer Milan Kundera sure knew what it is like to cuddle a dog.



Kaale chane ke Lucknawi kebabs

Sonakshi Sinha
AIS Noida, IX C

Ingredients

Black gram (Kaala chana) ..250 gms
Chana dal.....100 gms
Onions (chopped)3
Garlic3-4
Ginger (diced).....1 inch
Green chillies (diced)3
Black pepper.....2-3
Cloves.....2
Cinnamon.....1 inch
Saltto taste
Mustard oilto shallow fry

Method

Mix the soaked kaala chana, chana dal, onion, garlic, cloves, ginger, green chillies, black pepper, cloves, cinnamon and salt in a cooker.
Add 2 cups of water and pressure cook for 6-7 whistles.
Make sure that the water dries up completely.
When this mixture cools down, grind it in a mixer-grinder.
Make small round kebabs by hand.
Heat sufficient oil in a pan and fry few kebabs at a time on low flame.
Alternately, you may roast the kebabs in the oven as well.
Serve them hot with coriander or mint chutney.

This recipe was made during the heritage activity conducted in school.

POEMS



Being a candle

H V Siddharth, AIS Gur 46, IX G

I am a candle providing light, glowing from day to night. When you light me, I get joy, like a baby on getting a toy. My flame has a reddish orange light, which looks like the sun in twilight. I look small, but may cause harm, but I also keep you warm. With age, you grow taller, but I, poor fellow, grow shorter!

When the lights go out, I save you from going mad. I light the way for every one, whether good or bad. So don’t worry, for I can make you happy. But if you want me to nicely glow, protect me from a blow. As you have foes, I have too,

air and water, at which I boo! You also use me to celebrate festivals and birthdays. You put me on cakes and decorate me in various ways. I do all this only for you, have you ever thanked me for whatever I do? In life, you all die, but when I do, nobody is there for me to cry.

Brush ‘n’ Easel

Shreya Maheshwari
AIS Gur 46, X C



Morning bliss



Muskaan Gupta, AIS Vas 6, X A

It happens every time, the time when the sun shines. The wind blows my wind chime, and on my windowpane, happens something that I do not find, so peaceful, not insane. As chatters a bird non-stop, I love the way she dances hip hop. I’ve seen a caterpillar turn into a beautiful butterfly, that comes and sits on my hand to say a ‘Hi’!

I raise my arms up, and stretch them into the sky, and focus my mind to aim high. I take a breath of fresh air, standing on the green grass spread everywhere. Lily, jasmine, lotus and rose, all are a part of my freshness dose. My green friends make me smile, unity is our missile. Life starts here, come closer to nature, my dear. Don’t leave nature behind, feel its affection and be kind.

Tee quotes





T-shirts are like mobile billboards that turn the street into world’s biggest art gallery! So go grab one and flaunt some witty and head-turning one liners.

Sudoku 39

4	6		2		3	7		5
3	7			6	5	1		
			4					
6		9					1	
	5	4		1		2	7	
	1					6		9
				7				
		7	5	2			3	4
5		3	1		4		6	7

Log on to: www.theglobaltimes.in for solution



Hans, a foolish boy

Illustration: Ravinder Gusain

Short Story



Manika Joshi

AIS Vasundhara 1, VI D

Once upon a time, there lived a boy named Hans. He was very foolish. One day, his mother said, “Hans, I’m going to the market, you can go to grandma’s house. Don’t forget to get a needle on the way back.” So Hans went to his grandma’s place. As he was leaving, his grandma gave him a needle and told him that he could come and play there daily. On his way back, a hay cart passed by. Hans merrily put the needle in the hay cart and walked behind it. When he reached home, he couldn’t

find the needle in the hay stack. His mother got very angry and scolded him, “You should’ve tucked the needle in your sleeve and not put it in the cart.” Hans visited his grandmother again and as he was about to leave, she gave him a knife and said, “Hans, give this to your mother.” He remembered what his mother had told him, so he kept the knife in his sleeves, but on reaching home, he couldn’t find it. “You should have kept the knife in your pocket,” his mother said, annoyed. As Hans played with a puppy in his grandma’s garden the next day, he asked his grandma, “Can I take this puppy

On his way back, a hay cart passed by. Hans merrily put the needle in the hay and walked behind it. When he reached home, he looked for the needle in the hay stack but couldn’t find it.

home?” His grandmother said he could keep the puppy but he would have to take good care of it. Hans abided by his mother’s words and stuffed the puppy in his pocket. By the time he reached home, the poor animal was breathless. “You foolish boy, you should’ve tied the pup with a rope!” shouted his mother. The next day, he returned the pup to his grandma. This time, she gave him a piece of bread. Hans tied the bread to a rope and pulled it home. The pup nibbled the bread as he followed him back. “You should’ve put the bread in a piece of paper and carried it on your head.” said his distraught mother. Next day, his grandma gave him a pound of butter. Hans wrapped it in a piece of paper and carried it on his head. As he reached home, his mother asked “Where’s the butter grandma gave you?” Hans pointed to his head but the butter had melted away. He soon realised how foolishly he had acted.

So, what did you learn today?
A new word: distraught.
It means ‘deeply upset’.



Fruit cream

Tanmay Tandon

AIS Lucknow, VII

Ingredients

Apple1
Guava.....1
Orange1
Banana1
Lemon juice1 tbsp
Condensed milk1/2 cup
Cream1 cup

Method

■ Wash and cut apple and guava into small sized cubes.
■ Peel orange and cut it into segments. Remove the skin and seeds

and cut each segment into half.
■ Peel and cut the banana into small pieces.
■ Cut the washed grapes into halves, longitudinally.
■ Mix all the fruits well and add lemon juice in it.
■ Keep two tbsp of chopped fruits aside and blend the remaining ones with condensed milk till smooth.
■ Pour the cream into dessert bowls and add the chopped fruits.
■ Refrigerate and serve chilled.

You can add more seasonal/ non-seasonal fruits of your choice to make this mouthwatering delicacy.

Jokey Pokey

Shobhit Singh

AIS Vasundhara 1, IV A

Q Why did the boy bring a ladder to the school?
A He wanted to go to high school.

Teacher: Pankaj, what a pair of strange socks you are wearing; one is green and one is blue with red spots!

Pankaj: Yes, it’s really strange, ma’am. I have a similar pair at home.

Q Which flower talks the most?
A Tulips, of course, because they have two lips!

Q Why was the math book so sad?
A It had too many problems and solutions were only at the end.

It’s Me



My name: Aaryav Malik
My school: AIS Pushp Vihar
My class: II
My Birthday: September 6, 2006
I like: Ice cream
I hate: Milk
My Hobby: Water sports
My favourite book: Ben10
My favourite game: Bey blades

My favourite mall: Metropolitan Mall
My favourite food: Pasta
My favourite poem: I see see, you are a seed
My favourite subject: Math
I want to become: A pilot
I want to feature in GT because: I want people to know me.

Delightful nature



POEMS

Shreya Choudhary, AIS Vas 1, V D

Nature is wonderful,
nature is fun.
Everything is so beautiful,
including the sun.
The lush green grass,
the blooming flowers,
the light blue sky
and the clouds passing by.
The mighty trees
and the lovely breeze,
all remind me of nature’s pleas.
Plea for help,
plea for protection,
plea to stop the ruthless destruction.

Nature is our mother,
she gives us life,
We must save nature
to save our own life.

Flood fury

Kashish Kukreja

AIS Gurgaon 43, VI D

Thousands of lives destroyed,
was there any way to avoid?
Yes you are right,
it all happened in Uttarakhand.
Cloud burst had taken a toll,
floods and landslides



gave a wake up call.
Yes you are right,
it happened in Uttarakhand.
Many people thought,
it had the hand of angry Gods,
due to which they suffered a lot.
The mountains had fallen,
leaving a moral;
to help Uttarakhand,
by contributing your all.



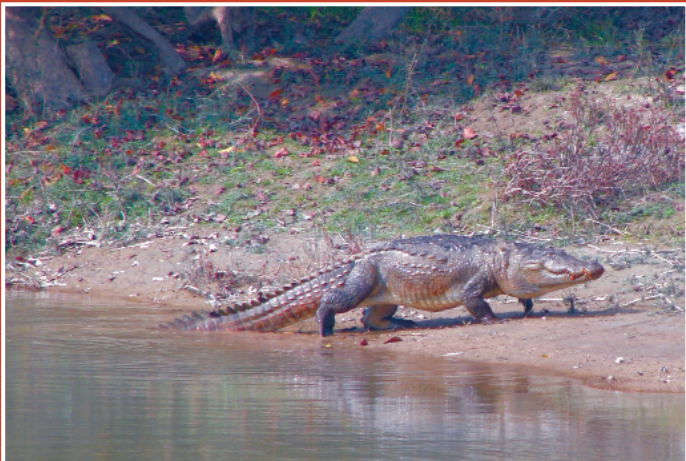
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Naman Narain, AIS Lucknow, VII

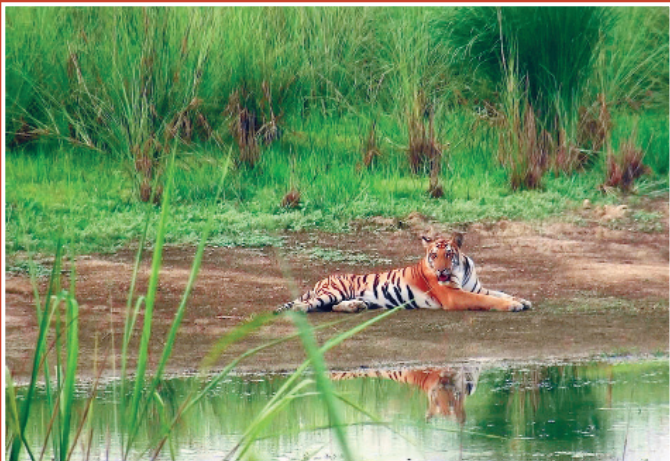
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cameracapers@theglobaltimes.in



His Majesty



On the prowl



His Royalty

Getting pally with daddy

Father’s Day celebrations organised at Amiown Gurgaon brought the daddies and their little ones closer. The day saw them spending some quality time together through fun filled activities

Amiown Gurgaon
Rimmi Mehrotra & Indu Kapur
 Amiown Gurgaon, Teachers

In keeping with Amiown’s philosophy of encouraging parent partnership, Father’s Day was celebrated with great enthusiasm at Amiown Gurgaon by Pre Nursery and Nursery children.

The celebrations, spread over two days, began with the little Amies welcoming their fathers with a *tilak*, followed by a welcome song.

The little ones celebrated the occasion in a unique way by exhibiting their everyday learning experiences in the form of a presentation, ‘Edubition’, on mathematical and scientific concepts. Students gave presentation on the topic ‘Water’. The little ones shared their knowledge about the sources, uses and importance of water and water cycle using flash cards. The young presenters also shared with their fathers information about the ‘Clean Ganga Project’, wherein they pledged to conserve water by not pollut-



A warm welcome The little ones greet their fathers with a *Namaste*

ing or wasting it. The students then gave an informative presentation on ‘Seasons’. The children gave words to their expressions by impersonating as earth and sun. With the help of flash cards, a group of five children involved their fathers by asking, ‘Which season am I?’ Another group of children excitedly shared their experience of learning nu-

merous new mathematical concepts. They dramatically presented the tale of ‘Ally the Alligator’. The children then displayed their understanding of the concept with the help of puppets. The little ones played a board game with their fathers, which they had made during their summer break. The fathers and children had a great time creating



Lets play Amies give their presentations

sceneries, making delicious *sev poori* and relishing it, enjoying games like musical chairs. Through the engrossing activities, fathers were able to relive their own school days and poignantly shared their views on the good old days. The Amies too looked extremely happy to have spent such wonderful time with their fa-

thers. They were also rewarded with a surprise gift (a magic cup) for their wonderful performances. The celebrations concluded with a round of delicious snacks, wonderful games, and a token of love in the form of a magical mug. It was wonderful to see children and their fathers have a good time together. 🇮🇳

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Learning opposites in a fun filled way

At Amiown, teaching opposites has proved to be an ideal way to help improve a child’s ability to communicate



Art attack Watch me as I learn opposites, the play way

Amiown Vasundhara
Puja & Nishtha
 Amiown Vasundhara, Teachers

The concept of opposites is taught to the little ones through various age appropriate activities. During circle time, the magic box is brought in to break the equilibrium of the Class by showing different objects or flash cards that are opposite to each other in nature, like long and short, big and small, hot and cold, wet and dry, throughout the year. This week’s activity introduced the concept of full and empty to the precious gems. Real life, tangible examples were used to demonstrate the concept. Before starting the activity, the use of opposites was incorporated into daily conversations, like “Is your

water bottle full in the morning?” and “Are you full or hungry?” The concept of opposites was brought to life by first showing an empty glass and then transferring water into it. The Amies were encouraged to transfer beads from one bowl to another and tell if the bowl was full or empty. Furthermore, children were passed a jug full of beads to identify whether it was full or empty. The water play was made more fun as various sized containers were placed in a tub of water and the Amies enjoyed using the term empty or full for them. The children were also made familiar with the concept of big and small. The addition of descriptive words to the vocabulary of the little ones has greatly transformed the level of details they can convey, for instance, ‘a full water bottle’s and ‘empty tiffin’. The concept of opposites is also reinforced through books and worksheets. 🇮🇳



I want to befriend books as I enjoy reading. My favourite author is Enid Blyton.
Yohann Miglani, AIS Saket, III C

Medical camp



Dr (Mrs) Amita Chauhan with the students of Amitasha and Atulasha at the medical camp



AMITASHA

Rahul Kapoor

Programme Coordinator, Amitasha

What: Free medical camp

When: July 8-9, 2013

Where: AIS Noida

For: Amitasha Noida, Mayur Vihar and Atulasha Noida

When: July 17-18

Where: AIS Saket

For: Amitasha Gurgaon, Saket and Atulasha Pushp Vihar

A free medical camp for the students of Amitasha and Atulasha was organised in

association with Kailash Hospital. Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools graced the occasion and motivated the students to adopt a healthy lifestyle. The students of Amitasha gave a warm welcome to the doctors at the Noida camp by presenting a melodious song, 'Chuyenge hum aasman, bhar ke unchi udaan'. The elaborate health camp included a checkup of vital parameters like height, weight and blood pressure measurement along with dental screening and tips. The medical camp organised at AIS Saket witnessed the presence of Ms Sapna Chauhan, Vice Chairperson, Amiown and ACERT. She inaugurated

the event along with guest of honour, Dr Meenu Khattar, adolescent advice expert, Kailash Healthcare Limited. Ms Chauhan emphasised the importance of sound health in a student's life and thanked the team from Kailash Hospital for coming forward for the noble cause. She also interacted with the students of Amitasha and Atulasha and inspired them to excel in all spheres of life. During the camp, the students were given information related to balanced diet by Dr Meenu Khattar. Following this, Dr Parul, dietician, Dr Anjali Singh and Dr Prerna Gupta, dental surgeons discussed healthy habits with the students and stressed the importance of maintaining personal hygiene.  

Train the trainer



AIS senior teachers and counsellors, attending the workshop

ACCGC

A workshop titled 'Train the Trainer' was organised for the counsellors and senior teachers of all Amity schools on June 28, 2013 at Amity International School, Noida. The workshop was conducted by Aditi Singh and Anubhooti Arora, education advisors, United States India Education Foundation (USIEF). The workshop was organised by Amity Career Counseling & Guidance Cell (ACCGC) to equip counsellors and

senior teachers with expertise to guide students through the United States Universities application process. The experts enlightened the teachers about undergraduate programs in the United States. They also adviced that students should plan their education well in advance and undertake a detailed research about the course of their choice, before taking the final call. The workshop gave an accurate, comprehensive and unbiased information about undergraduate education in the US, which would be very useful to the students.  

Felicitation ceremony



Dr (Mrs) Amita Chauhan with the meritorious students of AIS Gur 46

AIS Gurgaon 46

On July 12, 2013, a felicitation ceremony was organised for the students of Class X and XII. The ceremony began with a traditional welcome of the parents and students. It was followed by ceremonial lighting of the lamp by Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools, T P S Chauhan, advisor, Amity Group of Schools and B N Bajpai, advisor, research and development, Amity Group of Schools.

An instrumental musical recital by the budding musicians of the school mesmerised everyone. The event also witnessed a traditional Kuchipudi dance performance and 'Vande Mataram', another unique dance composition. Dr (Mrs) Amita Chauhan praised the efforts of the students and teachers and inspired the students to pursue their dreams with perseverance and hard work, thus treading the path of success. The ceremony concluded with the rendition of the school song followed by the national anthem.  



Meenu Bhargava, Coordinator, Middle School, AIS Saket (L) and students during the orientation programme



Orientation programme

AIS Saket

An orientation programme for Class I was organised on July 6, 2013 at AIS Saket. The programme saw Dr Kanika Khandelwal, head of department, Psychology, Lady Sri Ram College, as an esteemed guest. In her address, she shared, "six keys of good parenting", giving tips on how to deal with tantrums, behavioural prob-

lems, etc. of growing children. Students of Class II presented a show for the parents of Class I students, highlighting their learnings in Class I, giving the parents a sneak peek of what the academic year holds for their little ones. Principal, Dr Rekha Ranade enlightened everyone about the school's achievements. Vice principal, Anshu Mital informed about the changes in the curriculum and assessment pattern for

Class I. Enlightening the students further, she also shared some tips on how to help the child settle in a new class environment. There was also a mention of PEC games, added in the curriculum, which aim for the holistic development of children. This was followed by a question and answer session where the questions were jointly answered by the experts present and the school authorities.  

Teaching aids

AIS Vasundhara 6

Encouraging the students of AIS Vasundhara 6 to make inexpensive teaching aids with the use of waste material, an intra-school competition called 'low cost-no cost teaching aids' was held for Class VI. The students were allotted different topics from physics, chemistry and biology on which they prepared working models, charts, etc as teaching aids. A total of 40 exhibits were displayed and judged on content, creativity, application and cost effectiveness. Ramsha Matim, Riddima Devlal, Aryaman Sharma and Aatika Choudhary were declared winners. The students made



Students display their models

teaching aids on different topics like 'From fibre to fabric', 'Fun with magnets', 'Electric circuits', 'Waster harvesting', 'Balanced diet', 'Reflection', 'Metals around us', 'Components of food', 'Eco-system', 'Bones and joints', etc in the competition.  

Sawan ki bahar

AIS Noida

July 26, 2013 saw the students of Class Nursery and KG of Amity International School, Noida frolicking the monsoon theme party, *Sawan ki bahar*. The day also marked celebration of *Teej* festival with full festive spirit. Clad in traditional Indian dresses and floral jewellery, students dressed up as little princes and princesses. Through the celebratory fervour, the little ones also learnt about the mood and melody of the rainy season. A skit *Samudra Manthan* was presented to show how monsoons are important in India, with a special emphasis on the state of



Little ones of AIS Noida enjoy the monsoon theme party

Uttar Pradesh, as part of the ongoing 'Heritage' curriculum in the school. There was an elaborate presentation on various rain songs like, 'Rain, Rain, I love the Rain', '*Sawan Aaya*', '*Bishti Paro*', etc. To further bask in the mood of the season, a special rain dance was performed depicting the story of '*Shivling* descending from the Heavens.' The performance saw artificial rain showers sprayed from the garden hose, courtesy

the children's gardener *bhaiya*. The opening up of various umbrellas simultaneously on the stage lend a majestic and magical feel to the show. Through these presentations, the little ones got to understand the significance and relationship between rain and the worship of Lord Shiva and Goddess Parvati in a unique and educational way. The delightful day concluded with a delectable treat of sumptuous *Idli-sambar*, *chutney*, lemonade and ice-cream.  



“It’s a woman’s world”

All pics: Ravinder Gusain

...says actor Alia Bhatt, as **Venika Menon**, AIS Noida, XII J catches up with her during a charity event in Delhi, organised in support of educating the underprivileged girl child

She was presented with the right opportunity at the right time, confided Alia about her Bollywood debut in ‘Student of The Year,’ a Karan Johar film. When asked why she did not opt to debut in a film directed by her father, Mahesh Bhatt, she candidly admitted, “I did not want to take the easier route. Instead, I wanted to learn acting and make it big in the Hindi film industry on my own terms.”

Equal opportunity for all

The young actor feels strongly about the empowerment of the masses. “A society that does not support their children, their women and the weak is not a civilized society,” she remarked. Alia recalled being told by the organizers of the event that many of the girls’ families were reluctant to

send their daughters to school, however, provide same opportunities to their male child. Saddened by this, she emphasized the fact that the girl child is just as brilliant as her male counterpart. She reiterated that the ideology that it’s a man’s world should be shoved aside, because, “Man would not be in this world if it wasn’t for a woman.”

Boundless empathy

As a strong supporter of women’s rights, Alia feels that women should be at the forefront of any social change because her will power is much stronger than men. Women have the ability to be compassionate yet firmly rooted. “The ideologies that they (women)

believe in, are always formed keeping in mind another person. They are empathetic. Only a mother can put herself in another person’s shoes,” she explained.

Mom, the role model

Alia revealed why she idolises her mother, Soni Razdan. She briefly recalled the tough life her mother led during her early years and took great pride in sharing her struggle with us. Her mother left for London when she was just seventeen and took up three jobs simultaneously to be able to pay the fee for her drama school. “She (Alia’s mother) did not want my grandparents to bear the burden of her dreams, her aspirations. She conquered a lot at such

a young age,” the young star gushed. Even though her mother continued to work, she brought up Alia and her sister most competently and that’s what makes her mom, her idol.

Live your dream

Alia is as encouraging, as she is charming. She advocated the importance of education urging the youth of India, especially girls, to follow their dreams despite all odds. The young actor elaborated, “Dreams and goals are different for everyone; so if someone wants to get married and settle down early in life, that is good enough. But if they want to achieve more than that, they should not be worried about what others think of them. They should just move forward and let nothing come in the way of their dreams.”



Alia Bhatt, the beauty with a heart, talks to Venika Menon (L)



The dinosaur ate my homework!



At your wit’s end? Need that hard-to-believe-but-impossible-to-ignore excuse for not doing your homework? Perhaps, these experts from AIS Gurgaon 46 can give you a clue or two...

My parents didn’t allow me to do my homework because last month was a very unlucky period for me to carry out any auspicious work. How could I let anything bad hap-

pen to my holiday homework?

Natasha Bhattacharya, X C

I could not do my homework because in my tuition class, I was unable to solve a certain sum and got slapped on my hand with a metallic scale. I haven’t been able to move my hand ever since.

Raunak Sood, IX C

I did not do my English homework because my idea was too amazing and if I had brought it to the class, my friends would have got very jealous.

Sanskriti Uttam, IX F

I am sorry I couldn’t do my homework because I lost my spectacles in my

drawer and I couldn’t see anything without them.

Vishal, IX E

I could not bring my homework to school because my sister was playing hide and seek with it and forgot where she had hidden it.

Prerna Anand, IX F

I did not finish my homework because my black gel pen was out of ink and the stationary shop owner in my locality has superstitious beliefs about stocking black gel pens.

Archita Mahajan, IX E

I couldn’t do my Math homework as my dog ran away with my geometry box and gave it to another dog on the street.

Vrinda Arora, IX G

I wasn’t able to finish my homework because I locked my bag and unfortunately lost the key. The spare key was with my friend, so I couldn’t open my bag till today morning when she handed the key to me.

Mokshi Jain, IX F

At first, I forgot to do my homework and when I realised that I had to do it, I opened my text books and started admiring the coloured pictures and a month passed by.

Shreya Maheshwari, X C

GT Travels to Rashtrapati Bhawan



Ipshita Trikha, AIS Pushp Vihar, I A, flaunts her copy of The Global Times at Rashtrapati Bhawan, New Delhi. Rashtrapati Bhawan is the official residence of the President of India. It has 340 rooms comprising halls, guest rooms and offices surrounded by 320 acres of President Estate that includes Mughal Gardens, large open spaces, residences of bodyguards & staff, stables, other offices and utilities.

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